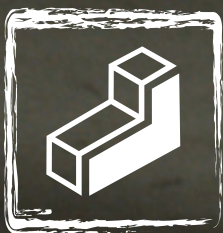


LEADER'S GUIDE



ONESTEP
a one-week study



ORCHARD
INSTITUTE

QUICK START



Review

Take some time in advance to read passages, definitions, and discussion questions. Think of real-life examples to help prompt discussion.



Print

Before your group arrives, print enough study guides for the group ahead of time.



Watch

Watch the teaching video as a group and then get ready to discuss!

INTRODUCTION

Jesus was clear. A big part of following Him is serving other people. But what does that look like and how can we do it better?

One Step was created to help Jesus' followers do just that! One Step is an easy to use resource designed for small groups, Sunday school classes, or any kind of discussion-based gathering of people seeking to follow Jesus more faithfully. The goal of this study is for every participant to actually take one tangible step to more faithfully live out serving like Jesus did.

This resource is completely free to use and has been designed by the Orchard Institute, a ministry of Orchard. Orchard is a non-profit with nearly over two decades of inspiring and equipping Christians to serve more faithfully in their communities.

How to Get the Most Out of This Study

- Participate in a discussion about the video with at least 3 other people from your faith community using the discussion questions provided.
- Write down one tangible step they can take to more faithfully practice serving. (Bonus points if you can identify if that step is destination, daily, or dedicated.)
- Take action! Take that step!

Before You Arrive

Invite your group to spend some time reviewing the passages below before they show up for the discussion. This should be presented as an optional, yet beneficial, way to get the most out of your group's conversation.

John 10:24-30

John 13:13-17

Mark 10: 35-45

Luke 6:27-36

Discussion Primer

- What comes to mind when you think about service?
- What has been your experience with serving others? Was it positive or negative?

Definitions

- **Serving:** Intentionally caring for the physical and spiritual needs of another person.
- **Destination:** Leaving your context and entering another space in order to serve a person or group.
- **Daily:** Caring for the needs of people you interact with in normal life through simple, yet intentional, engagement.
- **Dedicated:** Committing ongoing time and attention to a person or group in order to care deeply for their needs.

Watch



Watch the teaching video (5.5 mins)

Discuss

Leader Note: This study is designed to help participants take one step toward serving more like Jesus. To that end, please help your group stay focused on discussing these questions from a personal perspective. Try and avoid conversations that speak too broadly about Christians in general and consistently seek to redirect to the people in the room talking about themselves.

1. How does the story about the man in the coffee shop challenge or confirm your understanding of serving?
2. In the video, chalk-drawn squares represent the places we put ourselves that feel safe. How does understanding our security in Jesus help us leave those squares to serve more like Him?

3. How does being honest with yourself and your capacity for service shape how you serve people?
4. Have you ever participated in a dedicated serving opportunity that really impacted you? If so, can you share a bit about that?
5. Can you think of a group of people who you feel great compassion for but haven't taken a proactive step to serve? What has stopped you?
6. Who could you serve more intentionally on a daily basis? (Even if you don't feel like you know them that well yet.)
7. How can technology challenge and help our efforts to serve other people?
8. Can you recall a time, even from your childhood, where someone meaningfully served you? What kind of impact did it have on you?
9. Have you, or someone you know, ever engaged in dedicated serving to a person or a group? What stories or insight can you share from this?

ONE STEP

An opportunity to serve is just one step away. But to take that step, you have to know what it is! Spend the remaining five minutes thinking through what one step you can take to serve more like Jesus. This step should be tangible and measurable. Here are a few examples of some good ones:

- *I will participate in a structured service project my church is offering.*
- *I will take a gift card to the attendant at the convenience store near my house to let them know that they are loved and that they matter.*
- *I will call my cousin, who is going through a divorce and ask them what I can do to help them in this challenging season.*

Main Thing

Prompt: Take 5 minutes and identify one step you will take towards service.

ORCHARD INSTITUTE

This study was brought to you by the Orchard Institute, a ministry of Orchard. Through classes, publications, and curricula, the Orchard Institute offers resources which strengthen the inner life of those who follow Jesus and provide inspirational content and leadership training for our partners and churches seeking to get people serving in the community. To learn more about the Orchard Institute, please visit www.orchardinstitute.com.

ORCHARD

For over 20 years, Orchard has been inspiring and equipping Christians to show the love of Christ in their communities by providing training, resources, and partnership that helps them use their gifts and passions for good. We are devoted to being a place where Christ-followers can be rooted and supported in living out their calling. We believe that when we use our gifts and passions to make a difference, we will begin to see a world where Christ is known because of the actions of his followers. To learn more about Orchard and our ministries vision www.meetorchard.org.